

Table 1. Model Week Worksheet

Time of Day	Monday	Tuesday
7:00 to 8:00 AM		
8:00 to 9:00		
9:00 to 10:00		
10:00 to 11:00		
11:00 to 12:00		
12:00 to 1:00 PM		
1:00 to 2:00		
2:00 to 3:00		
3:00 to 4:00		
4:00 to 5:00		
5:00 to 6:00		
6:00 to 7:00		
7:00 to 8:00		
8:00 to 9:00		
9:00 to 10:00		